

MY FIRST MOBILE AGREEMENT



Let's get on the same page because our mobiles and apps are supposed to be fun and functional – not something we fight about. So, here are some commitments we're both going to make that will let us safely enjoy having the world at our fingertips.

FOR U18S

I AGREE:

- To balance my time online with other activities that involve fresh air, major muscle groups, actual human beings and as and when required, homework. If I've ceased to become a good judge of this 'balance' I'll take your advice.
- To respect myself and my privacy and the privacy of others, thinking twice, three times even before I sign-up, download, send or forward any information on the web.
- To appreciate that access to gadgets and wearables, chatting with my friends, and watching online TV shows and YouTube clips cost money and that my devices and their use is a privilege. I'll protect my equipment and avoid racking up expensive bills.
- To report anything to a parent, trusted adult or school counsellor if it makes me uncomfortable and I know it's wrong, and to encourage others in trouble to do the same. If someone's being bullied, I'll do what I can to support them and get them help.

FOR PARENTS

I AGREE:

- To be cool. It's important to have small freedoms, develop your friendships and online identity and explore the latest apps and technology. I'll respect your curiosity and take an interest in the viral videos, memes and games you want to show me.
- But not too cool. I won't shame you in front of your friends – virtual or otherwise, or stalk you on social media, photobomb your online pics or post your embarrassing baby photos without your permission.
- To set a good example. I won't embarrass myself on Facebook, or engage in behaviour that sends the wrong message, like using the phone in the car, at dinner, or while we're having a conversation.
- To listen. If you come to me in good faith with a problem, no matter how big, I'll listen, trust you and won't jump to conclusions. It is never too late and there is nothing too serious that I won't want to hear. Your safety and the safety of your friends is too important.

Signed:

Signed:

IT'S HOW
WE CONNECT

